CNA-Home Health/Private Duty Exam Content Outline

Exam Objective:
To measure the overall level of knowledge for the CNA in the Home Health/Private Duty Setting.

Knowledge Domains - CNA-Home Health/Private Duty Exam

- Activities of Daily Living: 18%
- Basic Nursing Skills: 42%
- Client Rights: 7%
- Communication/Teamwork: 11%
- Legal/Ethical: 7%
- Psychosocial Care Skills: 7%
- Restorative Skills: 9%
I. Activities of Daily Living

A. Knowledge of assisting client with Activities of Daily Living:
   • Providing oral hygiene to client
   • Bathing client
   • Basic denture care

B. Knowledge of performing weight measurements.

C. Knowledge of proper methods for turning clients.

D. Knowledge of provision of care related to:
   • Infection control precautions
   • Radiation precautions
   • Aspiration precautions
   • Suicide precautions
   • Bleeding precautions

E. Knowledge of environmental safety in home health/private duty setting:
   • Environmental factors & unsafe activities
   • Precautions & appropriate response to unsafe activities
   • Recognizing & reporting compromises in client safety

F. Knowledge of nutritional basics in the provision of client care:
   • Knowledge of providing meal preparation
   • Knowledge of most commonly ordered diets
   • Knowledge of proper use of most commonly utilized kitchen equipment

G. Knowledge of prioritizing assigned tasks.

H. Knowledge of client activities and safety measures related to mobility.

I. Knowledge of providing maintenance care in the catheterized client.

J. Knowledge of reporting unusual client observations to supervisor.
II. Basic Nursing Skills

A. Knowledge of infection control/precautions:
   • Knowledge of personal protective equipment (PPE)

B. Knowledge of assisting in emergencies, including initiating CPR.

C. Knowledge of reporting unusual observations to supervisor.

D. Knowledge of environmental safety in home health/private duty setting:
   • Awareness of surroundings related to safety
   • Responding appropriately to unsafe conditions
   • Responding appropriately to fire safety hazards in the home health setting

E. Knowledge of appropriate use of hot and cold packs as ordered.

F. Knowledge of proper use of oxygen therapy:
   • Knowledge of properly applying oxygen tubing
   • Knowledge of measuring oxygen saturation

G. Knowledge of obtaining vital signs:
   • Heart rate parameters
   • Blood pressure parameters

H. Knowledge of disease processes most commonly associated with pain in the elderly.

I. Knowledge of determining time on analog clock.

J. Knowledge of performing range of motion exercises.

K. Knowledge of indwelling catheter maintenance.

L. Knowledge of urine specimen collection.

M. Knowledge of measuring intake and output:
   • Measuring intake [1 ounce = 30 ml]

N. Knowledge of normal blood sugar levels.
O. Knowledge of caring for client with colostomy.
P. Knowledge of caring for client at end-of-life.
Q. Knowledge of implementing safe client ambulation techniques:
   • Knowledge of performing client transfers
R. Knowledge of procedures related to:
   • Aspiration precautions
   • Suicide precautions
S. Knowledge of providing basic skin care.
T. Knowledge of making objective observations in the provision of care.

III. Client Rights
A. Knowledge of providing client privacy in the provision of care.
B. Knowledge of maintaining client confidentiality in the provision of care.
C. Knowledge of treating client with dignity and respect.
D. Knowledge of HIPAA in the provision of care.

IV. Communication/Teamwork
A. Knowledge of communicating and interacting with others.
B. Knowledge of communicating with supervisor in a timely manner.
C. Knowledge of implementing de-escalation techniques.
D. Knowledge of working within CNA Scope of Practice Guidelines.
E. Knowledge of CNA responsibilities in shift transition.

V. Legal/Ethical
A. Basic knowledge of Advanced Directives.
B. Knowledge of CNA guidelines related to code of conduct.

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C. Knowledge of appropriate response when faced with legal/ethical dilemmas.
D. Knowledge of healthcare safety issues related to provision of care:
   • Abuse
   • Neglect

VI. Psychosocial Care Skills
   A. Knowledge of respecting client religious and cultural beliefs.
   B. Knowledge of treating client with dignity and respect.
   C. Knowledge of utilizing appropriate communication techniques for:
      • Elderly client
      • Dementia client
      • Client at end-of-life

VII. Restorative Skills
   A. Knowledge of providing nail care in the diabetic client.
   B. Knowledge of treating client with dignity and respect.
   C. Knowledge in caring for the CVA client.
   D. Knowledge of providing Range of Motion.
   E. Knowledge of caring for the client with visual deficits.
   F. Knowledge of working within CNA Scope of Practice Guidelines.
   G. Knowledge of communicating appropriately in the provision of care i.e.: client preferences and providing prompts