Occupational Therapy Exam Content Outline

Exam Objective: To measure overall level of clinical knowledge in the area of Occupational Therapy

I. Provision of Care
   A. Knowledge of general medical, neurological, and musculoskeletal conditions on areas of occupation
   B. Knowledge of expected patterns/progressions associated with conditions that limit occupational performance
   C. Knowledge of compensatory strategies and techniques for minimizing the impact of disease process on occupational performance
   D. Knowledge of administration, scoring, and interpretation of standardized/non-standardized screening
   E. Knowledge of facilitators and/or barriers to participation in occupation
   F. Knowledge of neurobehavioral approaches to promote highest level of skill

II. Environment
   A. Knowledge of site assessment processes and procedures
   B. Knowledge of how environment impacts development and occupational performance

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III. Plan of Care

A. Knowledge of goal formulation based on expected outcomes of intervention
B. Knowledge of discharge planning procedures and transitional services
C. Knowledge of resources and support systems currently available to client/patient
D. Knowledge of other team member roles and responsibilities in the overall plan of care

IV. Interventions

A. Knowledge of physical, psychological, and social responses requiring modification of the intervention
B. Knowledge of methods for adjusting intervention techniques and adapting to maximize participation within areas of occupation
C. Knowledge of methods for grading an intervention activity based on expected progress and/or unexpected physical responses
D. Knowledge of methods for responding appropriately to unexpected outcomes during intervention
E. Knowledge of intervention strategies appropriate for psychosocial and cognitive models of practice
F. Knowledge of methods for selecting, designing, and fabricating adaptive equipment or assistive devices in order to maximize participation in occupation
G. Knowledge of positioning and physical transfer techniques consistent with developmental level and activity demands
V. Identification of Treatment Modalities

A. Knowledge of different types and functions of assistive technology
B. Knowledge of biomechanical strategies and techniques
C. Knowledge of safe and effective application of different physical agent modalities as an adjunct to participation in an activity
D. Knowledge of activities to promote development and enhance skills within areas of occupation
E. Knowledge of factors that impact visual and perceptual skill development
F. Knowledge of basic ergonomic principles

VI. Education

A. Knowledge of principles of promoting health and wellness based on client and community needs in order to provide information or serve as a resource for occupation based program activities

VII. Documentation

A. Knowledge of documenting occupational therapy services and outcomes using established guidelines

VIII. Supervision

A. Knowledge of providing supervision in accordance with professional guidelines